



## 2025-26 MIAC Women's Golf Awards

### 2025-26 MIAC Women's Golf Player of the Year

Name	Institution	Class	Hometown	High School	Previous Selections
Carter Sichel	Carleton	Sr.	Winnetka, Ill.	New Trier	2024

### 2025-26 MIAC Women's Golf Rookie of the Year

Name	Institution	Class	Hometown	High School
Raquel Ahrens	St. Catherine	Fy.	New Prague, Minn.	New Prague

### 2025-26 MIAC Women's Golf Coach of the Year

Name	Institution	Previous Selections
Sloan Wallgren	Carleton	--

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**2025-26 MIAC Women's Golf All-Conference**

<b>Name</b>	<b>Institution</b>	<b>Class</b>	<b>Hometown</b>	<b>High School</b>	<b>Previous Honors</b>
Raquel Ahrens	St. Catherine	Fy.	New Prague, Minn.	New Prague	--
Ava Austria	Macalester	So.	Portland, Ore.	Catlin Gabel	2025
Sophie Brantner	Bethel	Jr.	West Fargo, N.D.	Oak Grove Lutheran	2024   2025 (HM)
Caylin Cantwell	St. Catherine	So.	Blaine, Minn.	Totino Grace	2025
Yangyang Gu	Macalester	Fy.	Nantong, Jiansu, China	Shanghai Experimental School	--
Catherine Jance	Saint Benedict	Sr.	Hopkins, Minn.	Hopkins	2025
Anna Lee	Carleton	So.	Vernon Hills, Ill.	Vernon Hills	2025
Bailey Lengfelder	Macalester	Sr.	Renton, Wash.	Hazen	2023   2024   2025
Addison Longie	Gustavus	Fy.	Hutchinson, Minn.	Hutchinson	--
Cynthia Lu	Carleton	Sr.	Redmond, Wash.	Redmond	2023   2024   2025
Maggie Roth	Saint Benedict	Sr.	Rush City, Minn.	Rush City	
Carter Sichol	Carleton	Sr.	Winnetka, Ill.	New Trier	2023   2024   2025
Kate Yi	Carleton	Fy.	Valencia, Calif.	West Ranch	--
Riley Zebroski	Gustavus	Jr.	Watertown, S.D.	Watertown	
Mindy Zhai	Carleton	Jr.	Winter Garden, Fla.	Windermere Prep	2024   2025
Sarah Zheng	Carleton	Sr.	Bolingbrook, Ill.	Neuqua Valley	2023   2024   2025

**2025-26 MIAC Women's Golf Honorable Mention**

<b>Name</b>	<b>Institution</b>	<b>Class</b>	<b>Hometown</b>	<b>High School</b>	<b>Previous Honors</b>
Arivia DeBoer	St. Catherine	Fy.	Glenwood, Minn.	Minnewaska	--
Lolla Magrann	St. Catherine	Sr.	Mission Viejo, Calif.	JSerra Catholic	--